## National Senior Center Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Labor Day	COUNTY HOLIDAY CENTER will be CLOSED	9:00 Strength 3 Training CENTER CLOSED	Mystery 4 Date-join us for lunch, stay for fun	5 10:00 Crochet Group 11:30 Who Am I?	Wal-Mart Shopping Trip 10:00 - 3:00	Rosh Landh Hashanah Begins 9/4-evening Ends 9/6-evening
Grandparents Day	Exercise 11:45 Trivia 1:00 Nature Walk	9:00 Strength Tr.10 CENTER CLOSED Card Party 5:30	Tribute 11:00 Nurse Steve 12:45 Bingo	10:00 Crochet Group 11:30 What Am I?	FRIDAY THE 13TH  10:30 Exercise 1:00 Local shopping Do A Trip-Arlington	Yom kippup Begins 9/13-evening Ends 9/14-evening  Yom Kippur
Anger is the only thing to put off till tomorrow. ~Slovakian Proverb		9:00 Strength 17 Training CENTER CLOSED FSC Picnic Monocacy Park	11:00 Lunch 18 out with Friends 1:00 BINGO at Brunswick House	10:00 Crochet 19 Group 11:30 Who Am I? 6:00 Dinner/Dance	10:30 Video 20 Exercise 1:00 Local shopping	Department of 21 Aging Trips for September: Friday 13th Arlington Cemetery Tour Wednesday 25th Burgher's Farm Tour
Autumn Begins	Visit Urbana senior Center Lunch & Bingo	9:00 Strength 24 Training CENTER CLOSED	25 11:30 What Am I? 12:45 Bingo DoA Trip-Baugher's	10:00 Crochet Group 1:00 Falls Prevention Info	10:30 Video 27 Exercise 12:00 Pizza Day 1:00 Local House Tours	Brunswick <sup>28</sup> Senior Center "Where everyone is someone"
Center Hours Monday, Wednesday, Thursday & Friday 8:30-4:00 Closed Tuesdays	11:45 Trivia 1:00 Nature Craft	E		embe ck Senji	Company of the same	